



BRITISH ROWING GIG CLUB COX CERTIFICATE

Presented by Lyme Regis Gig Club

This is to certify that _____ has demonstrated his/her competence in the following theory modules and associated on-the-water sessions of the British Rowing Gig Club Cox Certificate.

Module 1 -The rights, roles and responsibilities of the cox

Module 2 - Safety and Risk Management

Module 3 -Terminology, commands and communication

Module 4 - Lifting, launching and landing

Module 5 - Steering and manoeuvring

Module 6 - British Rowing Technique for Coxes

On-water practical sessions

Name of assessor	Signature of assessor	Date

Additional training endorsement pre-requisites

Details	Date	Delivered/assessed by	Signature
British Rowing Safety Basics and Intermediate Risk Assessment			
British Rowing Cold Water Immersion and Hypothermia			